

When I feel **WORRIED**



Things that make me feel worried are:

This is how my face looks:

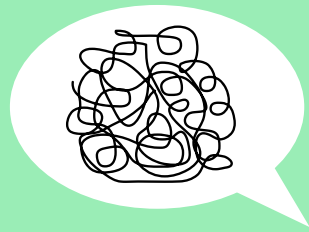
My body responds by:

The opposite of feeling worried is:

My face when I feel this way:



Things I can do to help myself feel more secure:



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Philippians 4:6

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."

Read the scripture above. Draw a picture of at least one situation/request/prayer you are choosing to give to God.

Draw your answered prayer and believe God for a good report!